

HEARTBEATS

Bear's Den expanding to all hospitals

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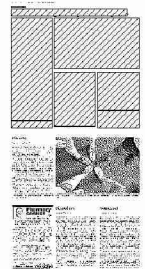
Hackensack Meridian Health has announced it is expanding the program, Bear's Den, to all hospitals to encourage the network's 34,000 team members to bring forth their best ideas to improve care delivery and enhance patient satisfaction. To date, Bear's Den has supported two major innovations through a \$25 million fund: Pillo, a health robot for the home and PurpleSun, the only technology with a 90-second disinfection cycle to eliminate microorganisms to prevent hospital-acquired infections. Visit www.hackensackmeridianhealth.org.

Integrated Behavioral Health model offered

People with chronic health conditions like diabetes or high blood pressure may struggle to manage their own health at home, especially when they also suffer from anxiety or depression. Hunterdon Healthcare offers patients an Integrated Behavioral Health model of care delivery in their primary care practices. This innovation is a clear demonstration of Hunterdon Healthcare's commitment to patient centeredness. Integrated Behavioral Health is a very focused short-term treatment, usually about four visits, and connects patients to other resources throughout Hunterdon Healthcare and in the community when necessary. The primary care doctor also has direct access to psychiatrists for assistance when needed. Hunterdon Healthcare offers Integrated Behavioral Health services at: Hunterdon Family Medicine at Branchburg, Hunterdon Family Medicine at Bridgewater, Hunterdon Family Practice and Obstetrics, Hunterdon Family Medicine at Cornerstone, Hunterdon Internal Medicine Associates, Hunterdon Family Medicine at Delaware Valley, Hunterdon Family and Sports Medicine at Hopewell Valley, Hunterdon Family Medicine at Phillips-Barber, Hunterdon Family Medicine at Riverfield and Hunterdon Pediatric Associates. In addition, Integrated Behavioral Health services will be added this year to Hunterdon Family Medicine at Highlands and Hunterdon Medical Associates in Whitehouse Station. Visit www.hunterdonhealthcare.org.

System's medical centers named Top Hospitals

Physicians across New Jersey named Atlantic Health System's medical centers as the top hospitals in the state, as announced by health care research and



information company Castle Connolly. Morristown Medical Center has, for the second time in a row, been named the top hospital in the state with more than 350 beds. Overlook Medical Center ascended to the number two position in the list of more than 350 beds, while Goryeb Children's Hospital ranked number two and Newton and Hackettstown medical centers came in at four and five in the list of less than 350 beds, to nearly sweep the top five in this category for Atlantic Health.

Morristown Medical Center was also named the number one hospital in the state across all treatment categories ranked: breast cancer, prostate cancer, pediatric cancer, coronary artery bypass surgery, hip and knee replacement, congestive heart failure, strokes, high-risk pregnancy and birth, neurological disorders, and pain management. Atlantic Health System medical centers placed at or near the top of every treatment category measured. These results were based on physician votes and reflect Atlantic Health System's strong reputation from physicians across the state. Visit www.atlantichealth.org.

Sibling Preparation Class

A Sibling Preparation Class will be held from 10 to 11:30 a.m. on Saturday, March 30, at RWJ University Hospital Somerset, 110 Rehill Ave., Somerville. Learn all about your new baby and how important it is to be a big brother or sister. The cost is \$25 for first child, \$5 for each additional child. To register, visit www.rwjbh.org/events/register/?Event=6005.

15th Annual Baby, Tot and Kid Fair

Hunterdon Medical Center will host the 15th Annual Baby, Tot and Kid Fair, a free event for expectant parents, new families and parents of toddlers and young children from 9 a.m. to 1 p.m. on April 6, in the main lobby of the hospital. The Baby, Tot and Kid Fair will provide attendees with the information they need to make decisions about taking care of their young children and family. In addition, during the month of April, Hunterdon Medical Center is sponsoring the United Way of Hunterdon County and NORWESCAP's Diaper Bank. All attendees that bring in a box of diapers to help support this drive will be entered in a prize drawing to win a car seat. Visit www.hunterdonhealthcare.org.

Speaker's Bureau Program introduced

The Visiting Nurse Association Health Group's recently launched Speaker's Bureau Program for Ad-

vanced Care Services. The free presentations are provided by six palliative physicians with expertise in the fields of hospice and palliative medicine as well as internal medicine, oncology and geriatric medicine. They tackle difficult subjects and can offer insight and understanding into end-of-life care options. For more information about VNA Health Group's Speaker's Bureau Program or to book a speaker, call 732-224-6654 or visit <https://bit.ly/2YcFxeK> to view a list of topics available.



At the Raritan Bay Medical Center — Perth Amboy Bear's Den ribbon cutting held March 15 are (from left) Thomas Shanahan, Raymond F. Fredericks, Frank Pallone, Jr., Robert C. Garrett, Bear's Den mascot, Sandra Elliott and Andrew Pecora. COURTESY OF HACKENSACK MERIDIAN HEALTH