



AMERICAN HEART ASSOCIATION

## LITTLE RED HATS WARM HEARTS IN NEW JERSEY

The American Heart Association teamed up with the Children's Heart Foundation and hospitals throughout New Jersey for the fourth year of the Little Hats, Big Hearts initiative. The program gives new moms a free kit that includes a handmade red hat along with health information. Babies born in February at over 35 participating hospitals across the state donned knitted red caps to raise awareness of heart disease, the No. 1 killer of Americans, and congenital heart defects (CHD), the most common type of birth defect in the country.

This year, 14 Central Jersey hospitals participated in this initiative including Hackensack Meridian Health Jersey Shore University Medical Center, Hackensack Meridian Health Riverview Medical Center and RWJ Barnabas Health Monmouth Medical Center.

For more information visit [heart.org](http://heart.org).

