

Cultural Council sponsoring chair yoga sessions

ROWE — A free six-week chair yoga series sponsored by the Rowe Cultural Council is happening on Fridays between 9:30 and 10:30 a.m. through May 21.

The program, offered via Zoom, can be accessed at bit.ly/3sKiPIZ. Meeting ID: 862 0452 6980; Passcode: 336385.

The classes are led by **Kate Peppard**. For more information or to view an introductory v.deo, visit rowe-ma.gov/g/51/Cultural-Council.

